



Dear Family and Friends,
We hope that you are finding joy in simple things and experiencing a depth of peace within.

We have ever-changing beautiful skies and light here in our valley - so grateful to have this right outside our windows.

Randahl's musical focus these days is on his own music, including posting on FB and Youtube. Lyrea continues to enjoy playing the bass clarinet too.



One change in our life is that our cat friend, Krittivasa, passed on in September. He lived a remarkable 23 years, and we miss him.



Our gardens were productive, in spite of a lot of ground squirrels competing for the produce. The blueberries especially did well, and of course that meant we enjoyed pie!



We share our land with lots of other beings, including the deer in the photo below that are bedded down for the night.



And of course Sukha continues to bring joy and fun into each day.

We hope that you are warmed by friendship and love at this season, and that 2026 brings you joy and blessings!

With love,
Randahl and Lyrea

